



NLP

CORE SKILLS

- Achieve your goals
- Change your thinking, change your life
- Breakthrough limits
- Build stronger relationships
- Accelerate results
- Understand others & be understood
- Create a lifetime of happiness
- Bring out the best in yourself



HOW WILL NLP BENEFIT YOU?



What do Bill Clinton, Tony Blair, Oprah Winfrey, J.K. Rowling, Hugh Jackman, Tony Robbins, Andre Agassi, Serena Williams, have in common?

Answer: They are just a few of the hundreds of thousands of people who have experienced and use NLP for their own personal & professional growth and development.

SUCCESS LEAVES CLUES!

Do you want to have more choices: in your thinking, in your behaviour, your feelings and emotions?

Do you want to improve your relationships both personally & professionally and create better results through becoming a greater thinker, decision maker and leader?

NLP can provide you with a step-by-step framework for achieving all this and more. Not just in the short term, but lasting transformation, which will stay with you for your entire life.

NLP is a skill set that transforms every area of your life, and allows you to not only make a difference, but to be the difference, to become a great example and role model in the life of others.



WELCOME TO BUSINESS IN THE 21ST CENTURY

You will be able to apply the principles of NLP to both your business and your personal life.

- Understand group & team dynamics
- Bring out the best qualities in those around you
- Set achievable outcomes and goals, planning success through creative design.
- Adapt to new skills and embrace change for positive results
- Motivate and influence others
- How to gain and maintain agreement even when there is opposition

In Health, Wellbeing & Sport

Most of us have heard about the concept of the mind-body connection. That's where NLP fits in.

Whether you're a professional athlete, athlete in the making, or a team coach, you will almost certainly benefit from the proven techniques of NLP.

- Positive states 'a can do attitude', relaxation, recovery and healing
- Setting and accomplishing achievable performance goals
- Modeling excellence and learning from leaders in your game
- Access peak performance states instantly

In Business:

NLP is the difference that makes the difference; an invisible science and proven technology that enhances your teams and your own ability to communicate effectively, establish lasting relationships, and have clarity in thinking, problem solving and decision making. It gives you the skills and the tools of excellence to lead and motivate, influence and negotiate.

It is an essential tool for your personal success and the success of your company, business or organization in the 21st century.

Using the Well-Designed Outcomes Model to fast track success NLP helps you achieve your health and wellbeing goals and outcomes.

- Learn how to reduce stress and anxiety
- Induce relaxation and states of wellbeing in yourself, in seconds
- Create positive outcomes and states that influence your state of mind



NLP Core Skills Breakthrough to Success

in NLP Core Skills you will explore a wide range of practical applications, including insights, skills, tools and techniques that will add real and immediate value to every area of your life.

You will discover how to:

- Get into the right mental and emotional states to deal with any situation / challenge
 - Recognize our automatic mental filters and how they influence moods, attitudes, and the understanding of others
 - Negotiate, Influence and persuade others with integrity
 - Improve your ability to listen – and hear
 - Clear blocks and limiting beliefs that may be holding you back
 - Create instant and lasting rapport with anyone, anywhere, anytime.
 - Increase yours and others motivation & energy
 - Empower yourself and assist other individuals, teams & organizations to create lasting behavioral change
 - Enhance and improve performance and understand what motivates you and other people
 - Transform your thinking to produce the results that you want
 - Communicate effectively so others understand and 'get' your message
 - Learn how to read the body language and physiology of others
 - Improve your behavioral flexibility so you can adapt to any situation
 - Align your values to accomplish and fast track your goals
 - Gain the mindset of success
 - Become an outstanding mentor to others
- and so much more...

WHAT'S INCLUDED?

Prior to your training you will receive 10 hours of pre-learning – CD's/MP3's. Your pre-learning is designed so when you come along to the face-to-face, hands on training sessions you'll be on the same level of understanding as the other participants and you'll already be primed and ready to succeed.

At the workshops you will receive a NLP Training Manual and training notes.

A healthy lunch and both morning and afternoon tea will be provided.

Filtered water is replenished and available throughout the day.

WHO ATTENDS THIS TRAINING?

Leaders who want to improve their personal performance, achieve more and effectively lead others. **Parents**, come to learn skills to better guide and empower their children. **Managers** who want to learn better ways of motivating and leading their teams. **Sales Personnel**, learning to better understand, engage, read, influence and negotiate with their clients & customers. **Business Owners** who want to improve team performance and better

deal with challenging times. **Doctors & other Health Professionals** who want to communicate and improve their ability to encourage and guide their patients. **Students/Athletes/Sports Coaches** who are looking to improve their performance and to have a competitive mental edge. **Therapists & Coaches**, who want to have extensive NLP skills to best guide and encourage their clients. **Anyone who wants to improve their life.**



LEARNING WITH EXPERIENCED FACILITATORS

Universally Speaking's NLP courses are delivered by one of our outstanding team of Certified NLP Trainers. Collectively our trainers have tens of thousands of training hours and facilitation experience. They are all highly skilled, enthusiastic and inspirational trainers.



Dr. Natalie Shepard

Natalie is a Certified NLP Trainer, Master Practitioner, and allied Health professional, her trainings benefit from nearly 30 years of practical use of NLP in patient & client care, leadership and management, team development and building sustainable & successful businesses. Natalie is best known for her ability of taking the complex and making it simple.



Timothy Bishop

Tim is a natural leader and trainer, having graduated as a Commissioned Officer from the prestigious Royal Military College, Duntroon, with degree qualifications from the UNSW. He brings, passion, enthusiasm and a great sense of fun and adventure to all of his trainings. Tim is best known for his ability to motivate and inspire, and bring out the best in anyone.



Sandra Martin

Sandra has over 20,000 hours of training & facilitation under her belt, she is an acclaimed keynote speaker and consults as a Personal Branding, Color, Image & Style specialist in China, USA, New Zealand and Australia. She is the NLP Australasia's training & course director. Sandra is passionate about helping individual's live to their full potential both personally and professionally.



Ivy Stewart

Ivy is a certified Executive & Business Coach and is a Master Practitioner of NLP. Ivy thinks outside the square, problem solves and always comes up with alternatives, choices and ideas. Ivy is an enthusiastic, highly competent and passionate training assistant, who brings a sense of fun and playfulness, and at the same time calm reassurance. You will love Ivy.



Darren Mitchell

Darren is a passionate and driven individual who for over 20 years has built a successful career in Corporate Sales, Sales Management, People Leadership, People Development & Leadership Coaching in the Corporate world. Darren brings a unique set of skills to all of his NLP trainings and assists teams and organizations to unleash their full potential.

WHAT MAKES US DIFFERENT?

We aim to make your experience of NLP the most thorough, and most enjoyable, available anywhere. Our courses are interactive, down to earth, no nonsense, highly practical and fun. We deliver what we claim.

✚ DYNAMIC LEARNING

Some people can sit and listen to lecturers for hours without 'doing' anything. None of us on the Universally Speaking's NLP team can, so we don't inflict this on any one else.

- We aim for 50-60 minute sessions of which at least 15-25 minutes will be exercises and break out sessions for you to explore the topic with other participants and your trainers.

- Games, exercises, exploration and experiential sessions are frequently used to enhance learning.

✚ UNPARALLELED TRAINING MATERIALS

Prior to the training you will be sent 10 hours of pre-learning, this allows you to arrive at the training with confidence and enthusiasm. Everyone is at a similar level of knowledge and understanding

✚ GUARANTEED SMALL GROUP LEARNING

Our 'small group' guarantee ensures that you learn as a part of a team, of around a 8-16 like minded people conspiring for each others success. The small group allows you to have plenty of time to practice your new skills in an encouraging and safe place.



YOUR INVESTMENT

\$500 deposit is required, with completed registration form to secure your place.

Reserve your seat by completing and returning the registration form along with your credit card details. Your place in the training is secure, once we have received your registration form, and you have received confirmation and a receipt.

Contact Us for Easy Monthly Payment options.

MODULE 1: NLP CORE SKILLS All prices excludes GST

\$1997

Regular Fee

\$1797*

Early Bird Fee

\$1747**

p.p. Multiple Bookings

*when full payment is received up to 30 days prior to training date.
**when 2 or more people book at the same time.



Name: _____ Ph: _____

Address: _____

Email: _____ Date of Training: _____

Payment:

Credit Card Number: ____/____/____/____ Expiry Date: ____/____ Amount: ____

Name on Card: _____ Signature: _____

Direct Deposit: Acct: Universally Speaking BSB: 062500 Acct #: 10433792

NLP TRAINING DATES

How to register

A **\$500 deposit** will hold your place with full payment required 14 days prior to training/ or for the early bird discount payment should be paid 30 days prior. For your convenience we also offer Easy Payment options. (over 6 months)

Cancellation Policy

Your training fee less a \$50 processing fee will be fully refunded if registration is cancelled up until 21 days prior to the start of the training and the complete Pre-Training Study kit is returned to us. After that date, your training fee can be applied to any future training program we offer.

In-House Training

The application of NLP is vast, it is used as an amazing tool to accelerate results and achieve outcomes. Let us design and develop a program to specifically meet your needs or the needs of your business or organization. Contact us, to see how we can fast track your success.

We believe that NLP should be available to anyone who is interested enough in their own personal and professional development to take action, so if you need to, please take advantage of the Easy Pay option, and say 'Yes' to you.

Contact Us

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Head Trainer

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Don't miss out on this *amazing*
OPPORTUNITY!